



# SARDAR VALLABH BHAI PATEL COLLEGE, MANDLESHWAR

(Approved by Higher Education Department of M.P. and Affiliation to DAVV Indore)

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## Certificate

In the document list that is to be uploaded for taking extension of approval from AICTE for BBA/BCA course for the academic session 2026-27, in the essential document serial number 28 named **“Establishment of platform or hiring counsellors for seeking help and guidance w.r.t psychological counselling related to Mental Health for Students, faculty and non-teaching faculty.”** it is hereby declare that recognizing the importance of mental health and well-being among its students, faculty, and non-teaching staff, Sardar Vallabh Bhai Patel College has hired counselors to provide assistance, guidance, and psychological counseling services.

Mental health and well being are the integral part of overall human wellbeing. Larger share of the society now a day's suffering from disorders such as depression, loneliness, peer performance pressure, discrimination, work related stress, anxiety etc.

The purpose is to provide work life balance. Students and faculties come from multicultural background with linguistic diversity. Psychological counseling can support a diverse campus community by helping them to understand and combat depression and anxiety.

Counseling sessions are made available to students, faculty, and non-teaching staff on a scheduled basis, either through in-person consultations or virtual appointments. The counseling platform ensures flexibility in scheduling sessions to accommodate the diverse needs and preferences of individuals seeking support.

SVPC actively promotes mental health awareness through its counseling services platform. The institution organizes awareness campaigns, workshops, seminars, and guest lectures on mental health topics to educate the college community about the importance of mental health, self-care practices, and available support resources.

  
DIRECTOR  
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